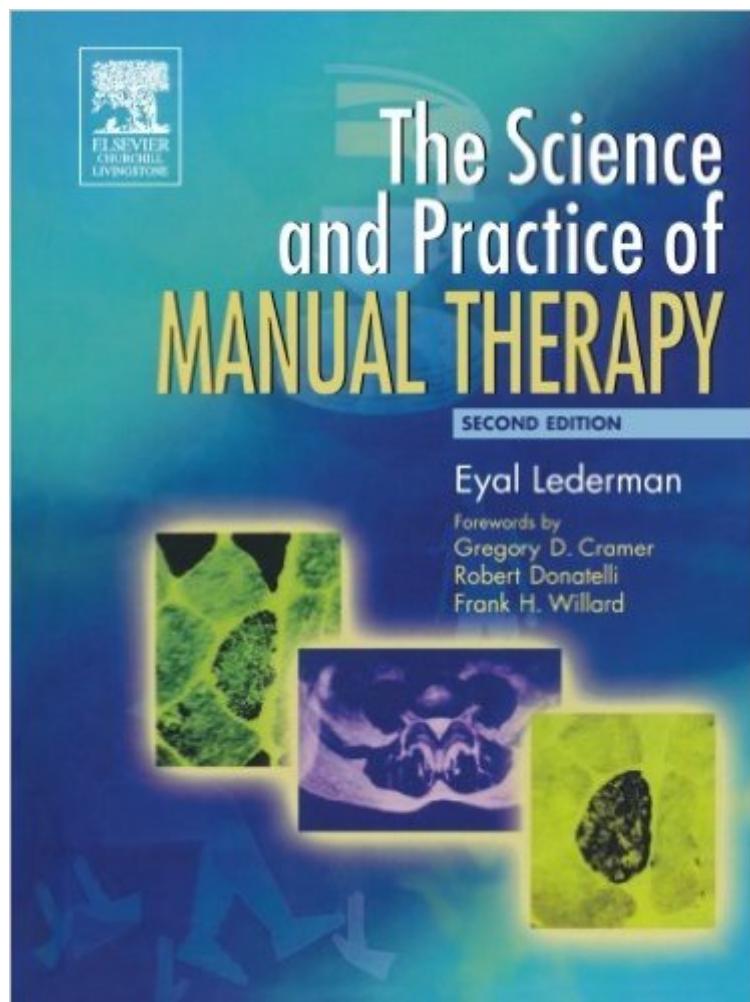


The book was found

# The Science & Practice Of Manual Therapy, 2e



## Synopsis

This practical book offers an extensive examination of how manual therapy (M.T.) techniques work, and how to match the most suitable techniques to different conditions. Drawing on evidence-based research, it explores the physiological, neurological and psychophysiological responses of the human body to M.T. techniques. In doing so, it helps M.T. practitioners deliver a more effective and safer treatment for a broader range of conditions. Comprehensive overview helps provide an understanding of how and why M.T. techniques work. Content is written in jargon-free, easy-to-read style, with most terms explained. Text is enhanced by over 120 diagrams, photographs and tables. Manual pain relief is extensively discussed throughout the book. Section 1 examines the direct effects of manual therapy on connective tissue and muscle physiology, examining how M.T. can help assist repair and adaptation processes in these tissues. Section 2 examines the effect of M.T. on the neuromuscular system, identifying conditions where neuromuscular dysfunctions can be treated by M.T. . Section 3 examines the psychological, emotional and behavioral impacts of M.T., in addition to the psychophysiological affects of M.T., including psychomotor, neuroendocrine, and autonomic responses. More than 1,000 references relevant to manual therapy are included, making this an essential source book for students and researchers of M.T. . Content is completely rewritten, extensively updated and expanded, adding new research material, novel clinical approaches, and demonstrations of new techniques and assessments. Pain coverage is expanded. More information is included on the responses of muscle to mechanical stimuli when applying M.T. techniques.

## Book Information

Hardcover: 336 pages

Publisher: Churchill Livingstone; 2 edition (March 23, 2005)

Language: English

ISBN-10: 0443074321

ISBN-13: 978-0443074325

Product Dimensions: 7.2 x 0.8 x 9.8 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ  See all reviewsÂ  (1 customer review)

Best Sellers Rank: #895,255 in Books (See Top 100 in Books) #68 inÂ  Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Osteopathy #108 inÂ  Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Chiropractic #149 inÂ  Books > Medical Books > Medicine > Internal Medicine > Osteopathy

## Customer Reviews

If you are ready to visit (perhaps for the first time) what really might be happening when you touch your patients then this is the book for you. Lederman attempts to put science into the grey areas of manual and physical therapy. He has expanded some of these concepts in his later texts but this is a great (in depth) introduction. If all manual therapists had read this book perhaps there would be less confusion among people in pain.

[Download to continue reading...](#)

The Science & Practice of Manual Therapy, 2e Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 7e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 6e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) Manual of Ocular Diagnosis and Therapy (Lippincott Manual Series) Manual of Gastroenterology: Diagnosis and Therapy (Lippincott Manual Series) Manual of I.V. Therapeutics: Evidence-Based Practice for Infusion Therapy Fascia: The Tensional Network of the Human Body: The science and clinical applications in manual and movement therapy, 1e The Practice of Emotionally Focused Couple Therapy: Creating Connection (Basic Principles Into Practice Series) Beating Prostate Cancer (Hormonal Therapy & Diet, 1) (Hormonal Therapy & Diet, 1) Quick Reference Dictionary for Occupational Therapy (Jacobs, Quick Reference Dictionary for Occupational Therapy) Sanford Guide to Antimicrobial Therapy 2016 (Spiral Edition) (Guide to Antimicrobial Therapy (Sanford)) Basic Clinical Massage Therapy: Integrating Anatomy and Treatment Second Edition (LWW Massage Therapy and Bodywork Educational Series) Nutrition and Diet Therapy (Nutrition & Diet Therapy) A Cancer Therapy: Results of Fifty Cases and the Cure of Advanced Cancer by Diet Therapy Williams' Basic Nutrition & Diet Therapy, 15e (Williams' Essentials of Nutrition & Diet Therapy) Introduction to Massage Therapy (LWW Massage Therapy and Bodywork Educational Series) Nutrition Essentials and Diet Therapy, 11e (Nutrition Essentials and Diet Therapy (Peckenpau)) Williams' Essentials of Nutrition and Diet Therapy, 10e (Williams' Essentials of Nutrition & Diet Therapy) Handbook of Pediatric Physical Therapy (Long, Handbook of Pediatric Physical Therapy)

[Dmca](#)